## [ VIRTUAL REALITY METHOD AND APPARATUS WITH IMPROVED NAVIGATION ]

## **Abstract of Disclosure**

A virtual reality assembly 10 is provided, including a display element 12 projecting a virtual environment 16, and a plurality of way-point elements 20 each defined by its own way-point position 22. A user 18 can automatically move to one of said way-point positions 22 by simply selecting the corresponding way-point element 20.

## Figures